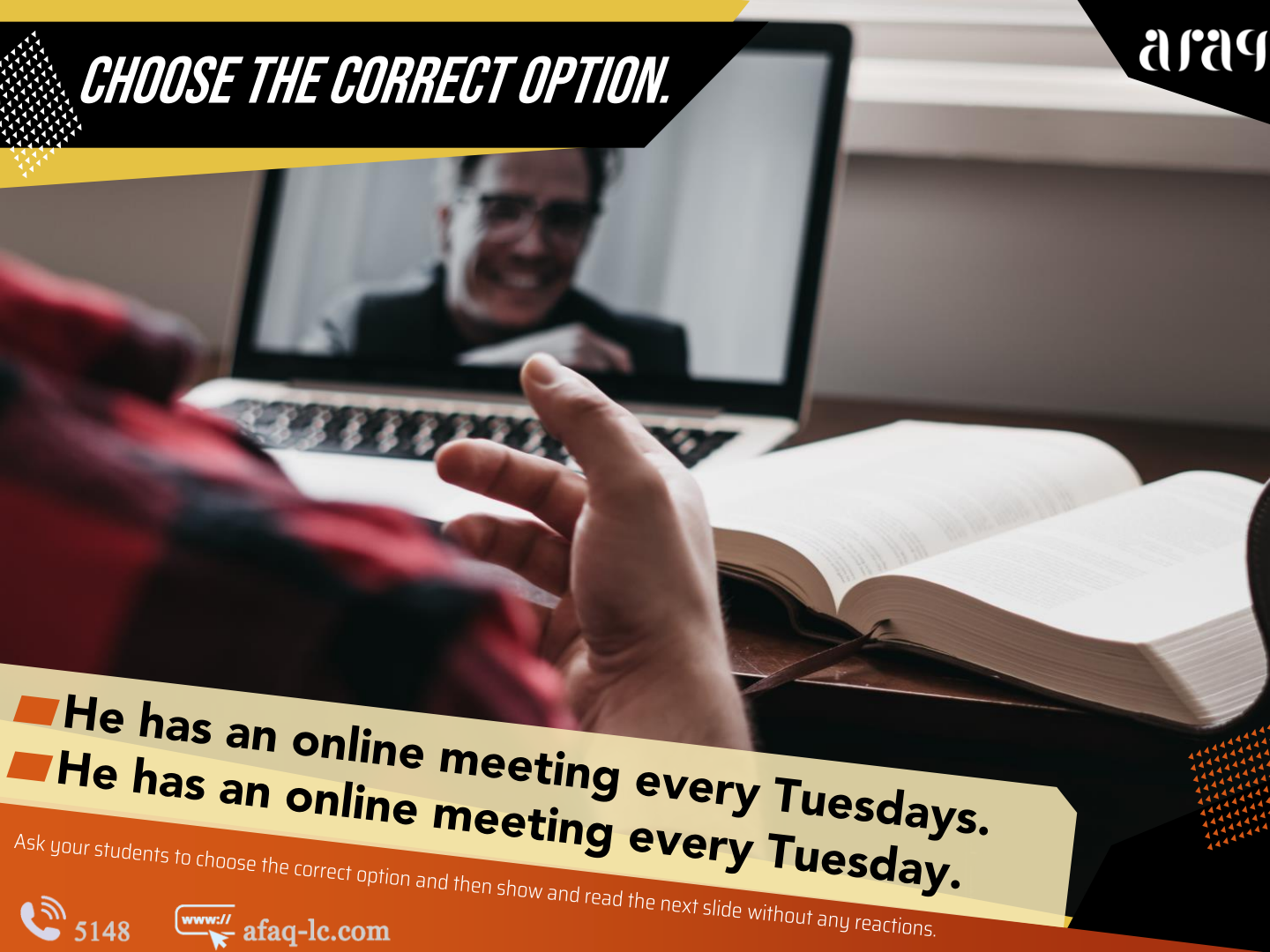


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StartUp 3
Grammar

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CHOOSE THE CORRECT OPTION.



- He has an online meeting every Tuesdays.
- He has an online meeting every Tuesday.

Ask your students to choose the correct option and then show and read the next slide without any reactions.

Have the Ss repeat the answer chorally and individually. Give a brief explanation if needed.



HE HAS AN ONLINE MEETING EVERY TUESDAY.

CHOOSE THE CORRECT OPTION.



- Tony has poached eggs every Tuesday morning.
- Tony has poached eggs every mornings Tuesday.

Ask your students to choose the correct option and then show and read the next slide without any reactions.



TONY HAS POACHED EGGS EVERY TUESDAY MORNING.

CHOOSE THE CORRECT OPTION.



- She meditates in the park on Friday.
- She meditates in the park on Fridays.

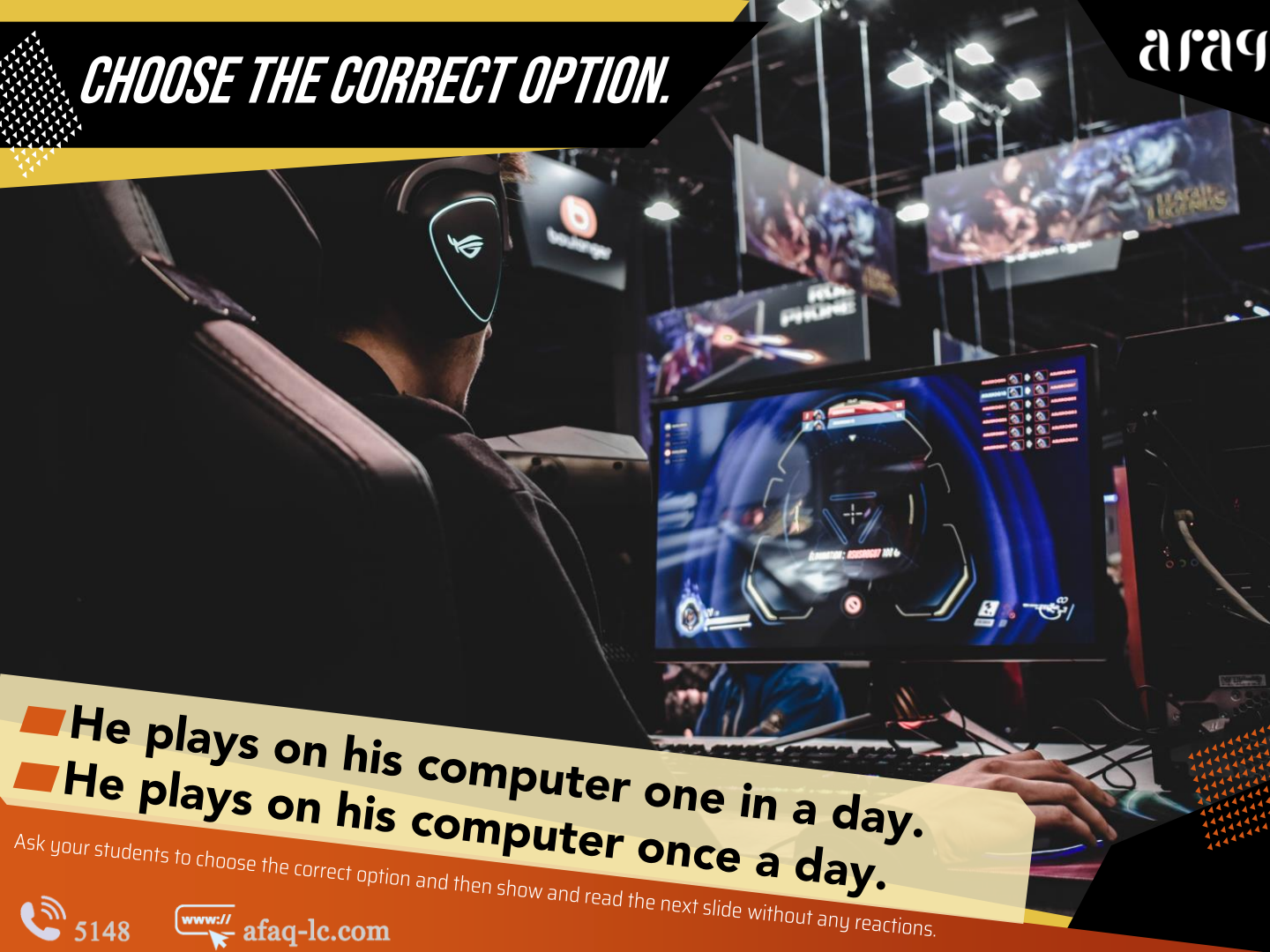
Ask your students to choose the correct option and then show and read the next slide without any reactions.

Have the Ss repeat the answer chorally and individually. Give a brief explanation if needed.



SHE MEDITATES IN THE PARK ON FRIDAYS.

CHOOSE THE CORRECT OPTION.



- He plays on his computer one in a day.
- He plays on his computer once a day.

Ask your students to choose the correct option and then show and read the next slide without any reactions.

Have the Ss repeat the answer chorally and individually. Give a brief explanation if needed.



HE PLAYS ON HIS COMPUTER ONCE A DAY.

CHOOSE THE CORRECT OPTION.



- She goes for a doctor's checkup twice a year.
- She goes for a doctor's checkup two in a year.

Ask your students to choose the correct option and then show and read the next slide without any reactions.

Have the Ss repeat the answer chorally and individually. Give a brief explanation if needed.



SHE GOES FOR A DOCTOR'S CHECKUP TWICE A YEAR.

CHOOSE THE CORRECT OPTION.



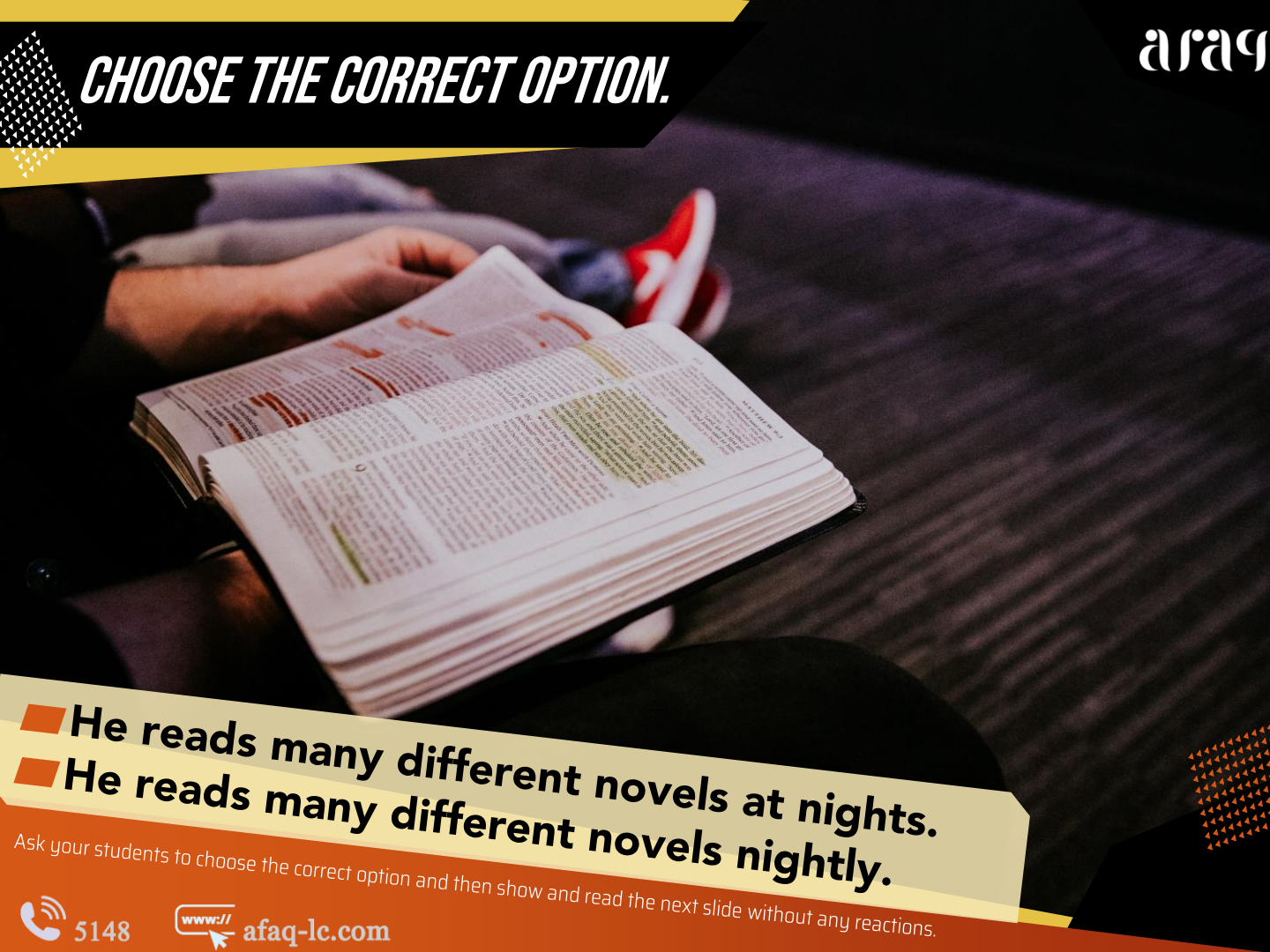
- He goes to work by bike 4 times a week.
- He goes to work by bike 4 time in a week.

Ask your students to choose the correct option and then show and read the next slide without any reactions.



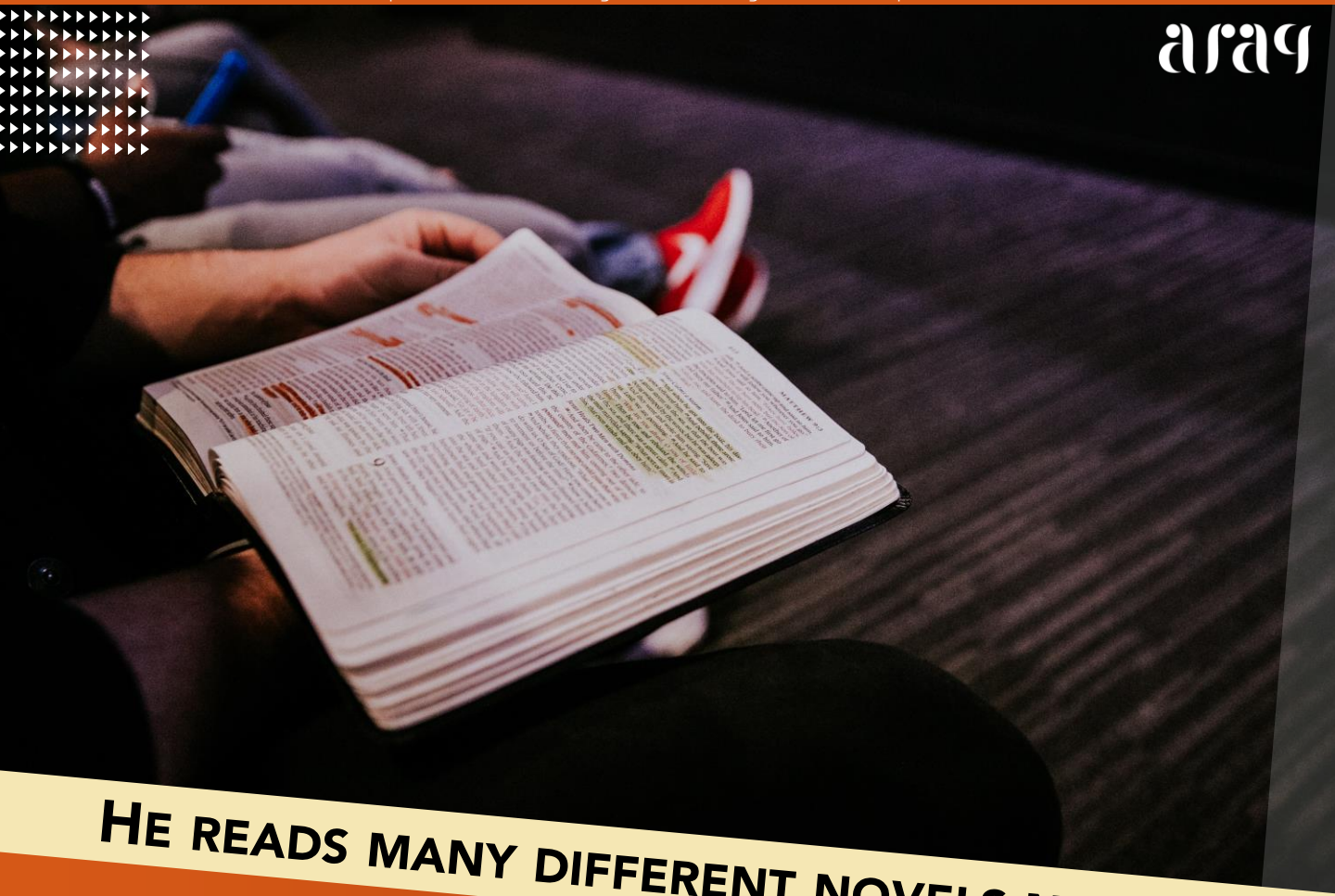
HE GOES TO WORK BY BIKE 4 TIMES A WEEK.

CHOOSE THE CORRECT OPTION.



- He reads many different novels at nights.
- He reads many different novels nightly.

Ask your students to choose the correct option and then show and read the next slide without any reactions.



HE READS MANY DIFFERENT NOVELS NIGHTLY.

Watch the video and pay attention to the sentences.

Video source: *StartUp2.Grammar. Unit8. Lesson3-1*

Video source: *StartUp2.Grammar. Unit8. Lesson3-2*



Play the video to familiarize your students with the concept of grammar.

LISTEN TO YOUR TEACHER AND REPEAT THE SENTENCES.

Use time expressions with the simple present tense to talk about things that happen often, regularly, or all the time.

I go swimming	**every day**.	I use my device	**once an hour**.
I meditate	**every morning**.	I go to the gym	**twice a week**.
I go for a run	**on Mondays**.	I go for a hike	**three times a month**.
I spend time outdoors	**on weekends**.	I get a check-up	**a few times a year**.

Notes

- Time expressions made up of two or more words can go either at the beginning or the end of a sentence. When a time expression comes at the beginning of the sentence, it is sometimes followed by a comma.
  Leah goes to the gym ***every Monday***. ***Every Monday,*** *Leah goes to the gym*.
- Add *-ly* to words like *day* and *night* to show something happens every day or every night.
  Maya exercises every night. = Maya exercises ***nightly***.
  Her blog comes out every day. = Her blog comes out ***daily***.
  Other common examples include *hourly, weekly, monthly, quarterly,* and *yearly*.

A ▶08-18 Listen to the conversations. Circle the correct answers.

1. Alex goes to the gym *every day* / *three days a week* / *several times* a day.
2. The exercise group runs *weekly* / *on weekends* / *five days a week*.
3. She spends time outdoors *all week* / *several times a week* / *on weekends*.
4. He turns off his phone *every morning* / *every night* / *24 hours a day*.
5. He told her to follow a balanced diet *on weekends* / *during the week* / *daily*.
6. She used to meditate *daily* / *weekly* / *monthly*, but now she meditates *every morning* / *once in a while* / *on weekends*.



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B Write complete sentences to answer the questions. Use the information in parentheses.

1. Q: How often do you get a check-up? (once a year)
   A: I get a check up once a year.
2. Q: When do you have practice? (in the evening)
   A: _____.
3. Q: What days do you go to the gym? (Tuesdays and Thursdays)
   A: _____.
4. Q: When do you spend time outdoors? (weekends)
   A: _____.
5. Q: How often do you put down your device? (a few hours a day)
   A: _____.
6. Q: How much do you sleep? (eight hours a night)
   A: _____.

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Oral Practice



Practice different forms of grammar by providing the context to Ss and having them produce sentences individually.

Have Ss do the activation task in breakout rooms.

IN PAIRS!



4 TRY IT YOURSELF

A MAKE IT PERSONAL Think about your weekly routine. What are your good and bad habits? What bad habits would you like to change? Take notes.

B PAIRS Discuss your habits. Ask questions to get

A: I go to school five days a week. It's hard to find time to exercise.
B: What do you do on the weekends?
A: I like to spend time outdoors.
B: Maybe you could try...

HOMEWORK

C Look at Maria's weekly planner. Use the words in parentheses to write sentences. Use each activity only one time.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	---------- meditate (Monday–Sunday) ----------						
8:00 AM – 5:00 PM	work at office			work at home		spend time outdoors	do volunteer work
6:00 PM	go to the gym	go to guitar lessons	go to the gym		go to a cooking class	go out with friends	

1. She does volunteer work on Sundays.
(on Sundays)
2. _____.
(daily)
3. _____.
(on Mondays and Wednesdays)
4. _____.
(on Friday evenings)
5. _____.
(twice a week)
6. _____.
(three days a week)
7. _____.
(every Saturday)
8. _____.
(on weekends)
9. _____.
(on Tuesday evenings)

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C Look at Maria's weekly planner. Use the words in parentheses to write sentences. Use each activity only one time.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	---------- meditate (Monday–Sunday) ----------						
8:00 AM – 5:00 PM	work at office			work at home		spend time outdoors	do volunteer work
6:00 PM	go to the gym	go to guitar lessons	go to the gym		go to a cooking class	go out with friends	

1. She does volunteer work on Sundays .
(on Sundays)
2. She meditates daily .
(daily)
3. She goes to the gym on Mondays and Wednesdays .
(on Mondays and Wednesdays)
4. She goes to a cooking class on Friday evenings .
(on Friday evenings)
5. She works at home twice a week .
(twice a week)
6. She works at the office three days a week .
(three days a week)
7. She spends time outdoors every Saturday .
(every Saturday)
8. She goes out with friends on weekends .
(on weekends)
9. She goes to guitar lessons on Tuesday evenings .
(on Tuesday evenings)

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